



# COHS

CANADIAN ORAL  
HEALTH SUMMIT

SASKATOON, SK | JUNE 18-20, 2026

# Explore Saskatoon

## A visitor's guide



UNIVERSITY OF SASKATCHEWAN  
**College of Dentistry**  
DENTISTRY.USASK.CA



ASSOCIATION of CANADIAN  
FACULTIES of DENTISTRY



# Welcome to Saskatoon

Saskatoon is located on Treaty 6 Territory and the traditional lands of the Cree, Saulteaux, Dakota, Lakota, Nakota, and Métis peoples. If you are visiting the city for the first time, this guide will help you navigate and experience the city with ease.

Known for its welcoming community, Saskatoon offers a vibrant river valley, rich Indigenous culture and history, and a growing food and arts scene. June is one of the best times to visit, with warm weather, long prairie evenings, and beautiful views along the South Saskatchewan River making the city especially enjoyable in the summer.

We encourage you to explore the [Discover Saskatoon's visitor's guide](#) to learn about everything the city has to offer.

## Getting to and from the airport

Most Summit participants traveling to Saskatoon will arrive through Saskatoon John G. Diefenbaker International Airport, located about 6 km northwest of downtown. Travel time to most downtown hotels and the University of Saskatchewan Health Sciences Building, where the Summit will be held, is approximately **10–15 minutes**.

Transportation option includes:

- Ride-share services (Uber and Lyft)
- Taxi services, including [Riide](#) (306-652-2222), [Metro Taxi Saskatoon](#) (306-651-0000) and [Saskatoon Radio Cabs](#) (306-242-2626).
- [Saskatoon Transit](#) is an easy and inexpensive way to travel from the airport and around Saskatoon. [Saskatoon Transit Route 11](#) connects the airport with downtown and other areas of the city.
- [Car rentals](#) booths are also available at the airport and around the city.

## Important numbers

- **Police / Fire / Ambulance:**
  - 911 (*emergency*)
- **Saskatoon Police Service:**
  - 306-975-8300 (*non-emergency*)
- **Royal University Hospital:**
  - 306-655-1000 (*located next to the Summit venue*)
- **St. Paul's Hospital:**
  - 306-655-5000
- **Saskatoon City Hospital:**
  - 306-655-8000
- **Provincial health advice line:**
  - 811
- **USask College of Dentistry**
  - Main line: 306-966-5667
  - Toll free: 1-877-363-7275

Please email us on [info.cohs@usask.ca](mailto:info.cohs@usask.ca) for any inquiry related to the Canadian Oral Health Summit.





## Cultural landmarks and Indigenous learning experiences

While you are in the city, we encourage you to explore its local culture and history. Before the bridges and buildings, the South Saskatchewan River valley was a gathering place for the First Peoples of these lands.

Our top recommendations are:

- **[Wanuskewin Heritage Park](#)** - A nationally significant archaeological and cultural site with more than 6,000 years of Indigenous history, offering interpretive exhibits, guided tours, cultural programming, and beautiful walking trails.
- **[University of Saskatchewan](#)** - One of Canada's most beautiful campuses, known for its historic collegiate-gothic architecture, green spaces, and riverbank walking trails.
- **[Remai Modern](#)** - A striking contemporary art museum located along the South Saskatchewan River that features modern and Indigenous art exhibitions and beautiful views of the river valley.
- **[Delta Hotels Bessborough](#)** - Often called "The Bess," this historic château-style hotel opened in 1935 and is one of Saskatoon's most recognizable landmarks. Located along the South Saskatchewan River, it is surrounded by gardens and provides easy access to the Meewasin river trails and downtown attractions.
- **[Marr Residence](#)** - The oldest building in Saskatoon, dating back to 1884, offering insight into the city's early settlement history.

## Local favourite restaurants and eateries

Saskatoon has developed a reputation for a vibrant food scene featuring prairie ingredients and international cuisine.

Local favourites include:

- **[Odd Couple Restaurant](#)** – Popular Asian-fusion restaurant known for creative dishes and a lively atmosphere.
- **[Cut Casual Steak & Tap](#)** – A downtown steakhouse known for quality Saskatchewan beef, burgers, steaks, and a relaxed modern atmosphere.
- **[Primal](#)** - Saskatoon's most loved Italian restaurant featuring handmade pasta using Saskatchewan heritage grains and whole animal butchery.
- **[Calories Restaurant](#)** – A beloved café and brunch spot known for excellent coffee, fresh baking, and desserts.
- **[UNA Pizza + Wine](#)** – Known for thin-crust pizza, shareable plates, and a great wine selection.
- **[Prairie Sun Brewery](#)** - A local craft brewery and restaurant featuring Saskatchewan-inspired beers, wood-fired pizzas, and casual dishes made with local ingredients.

Many restaurants are located downtown or in the Riversdale and Broadway districts. Most of them offer outdoor patio experiences during the summer months, making them perfect places to enjoy Saskatoon's warm evenings.

**[Explore Discover Saskatoon's complete food and drink guide.](#)**

